



CBS EXPRESS

SEPTEMBER 2024

VOL: 10 ISSUE 1



Welcome back to school!

We have been busy here at CBS this month both academically and socially. Special days appear throughout the calendar year as a way and means to promote collaboration and develop community. Our school kicked off the year with some great events. High schoolers showcased creativity during "Anything but a Bag" day, while the monthly assembly focused on respect, reinforcing the importance of kindness and inclusion in our school community. The student council election and investiture ceremony were held at school, marking a special occasion where students were elected to leadership positions and formally took on their new roles. Be sure to check the school calendar and/or the list of upcoming events on the last page of the newspaper for our next special day.



"FROM SCRIBBLES TO ESSAYS: THE JOURNEY OF WRITING MASTERY FROM PREK TO GRADE 12"

The development of writing skills from PreK to Grade 12 is a gradual process that builds upon foundational techniques and progresses toward advanced composition. In PreK and early elementary grades, students begin with fine motor skills, learning to hold pencils and form letters. Emphasis is placed on phonemic awareness and the basics of spelling and sentence structure. By Grade 1, students are introduced to narrative writing, often starting with simple sentences and gradually moving to short paragraphs.

As students progress to the upper elementary grades (Grades 3-5), they develop more complex sentence structures and are introduced to different types of writing, such as descriptive, expository, and persuasive writing. They learn to organize their thoughts using graphic organizers and begin to understand the importance of coherence and flow. In middle school (Grades 6-8), students refine their writing techniques, focusing on thesis development, supporting arguments with evidence, and writing in different genres. They are taught to revise and edit their work critically.

By high school (Grades 9-12), students engage in more sophisticated writing tasks, such as analytical essays, research papers, and creative writing. They learn to cite sources properly, craft well-supported arguments, and develop a personal writing style, preparing them for college-level writing and beyond. At CBS, the journey from basic scribbles to polished essays reflects the structured growth of writing skills. Each stage builds upon the last, equipping students with the tools needed for clear, effective communication, ultimately preparing them for the demands of college, careers, and lifelong expression.

Ms. Henna

Editor-in-Chief

Character Traits at CBS

- Respect -

Character traits, which represent a person's qualities, conduct, habits, and attitudes, are important parts of human behavior. They can be classified as either positive or negative characteristics and are frequently defined using adjectives. Character qualities are crucial in molding students' values and behavior at CBS. The character education strategy used by CBS is based on a monthly theme, with each month devoted to teaching and stressing a different character attribute. The theme for September is "Respect." Through the course of the academic year, students will be exposed to a wide variety of character qualities thanks to this planned, deliberate approach.

By weaving character traits into the curriculum and daily lessons, CBS provides students with practical examples and context for understanding the importance of these values in real-life situations. Teachers play a crucial role in imparting these lessons, helping students grasp the core values associated with each character trait.

This holistic approach to character development fosters a positive school culture and equips students with the tools to become respectful and responsible individuals, not just during the month of September, but throughout their lives. It aligns with the broader goal of education, which extends beyond academics to nurturing well-rounded individuals who contribute positively to society, treating others with respect and empathy. CBS's commitment to character education is a commendable effort to shape responsible and ethical citizens.

Ms. Sherin Farrag

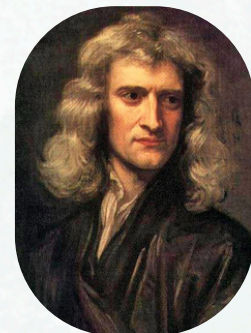
**Chair of the Character Trait
Committee**



Student Voices on Respect

Subject: Essay on a person you respect

1-Sep- 2024



Sir Isaac Newton

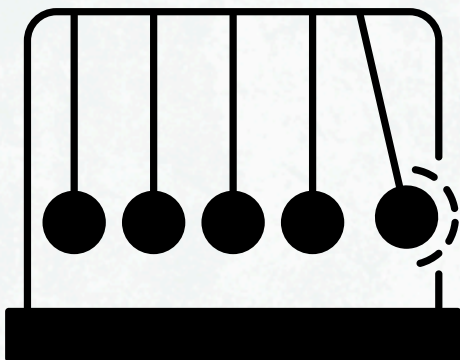
Sir Isaac Newton is a name known all across the world. He formulated laws of motion and gravitation. These laws are math formulas that explain how objects move when a force acts on them. These laws continued to share and spread information all across the world of mathematics, and allowed for new students to easily understand the basic rules of math.

By 1687, Newton had published his best work yet, *The Principia*. He did this despite already being a mathematics professor at Trinity College, Cambridge and an alchemist. This one book single-handedly changed the math industry forever. Isaac didn't even get the chance to marry due to dedication to his work and studies. Newton is deeply devoted to his work, even being proven by not sleeping for 5 days just for a minor project of his. Some believe he was so engrossed in work, that he prioritized it over personal relationships, including gaining a partner. Sir Isaac Newton contributed significantly to the field of science over his lifetime. He invented calculus and provided a clear understanding of optics. But his most significant work had to do with forces, and specifically with the development of a universal law of gravitation and his laws of motion.

As a celebrated natural philosopher, he was a new kind of national hero. Newton laid the foundations for our scientific age. His laws of motion and theory of gravity underpin much of modern physics and engineering.

Mohammad Ahmad Saleem

8A



Student Voices on Respect

Self-Respect

Self-respect is the foundation of a healthy relationship. In relationships, it is important to respect your partner. Similarly, it is equally important to respect yourself. A self-respecting person accepts themselves with their flaws. This changes the way others perceive the individual. An individual who honors themselves would prevent others from disrespecting them. This certainly increases the value of the individual in the eyes of their partner.

Lacking self-respect brings negative consequences. An individual who lacks self-respect is treated like a doormat by others. Furthermore, such an individual may engage in bad habits. There is also a serious lack of self-confidence in such a person. Such a person is likely to suffer verbal or mental abuse. The lifestyle of such an individual also becomes sloppy and untidy.

Self-respect is a reflection of toughness and confidence. Self-respect makes a person accept more responsibility. Furthermore, the character of such a person would be strong. Such a person always stands for their rights, values, and opinions.

Self-respect improves the morality of the individual. Such an individual has a good ethical nature. Hence, self-respect makes you a better person. Self-respect eliminates the need to make comparisons. This means that individuals don't need to compare themselves with others. Some people certainly compare themselves with others on various attributes. Most noteworthy, they do this to seek validation from others. Gaining self-respect ends all.

Respect for Others

Everyone must respect fellow human beings. This is an essential requirement of living in a society. We certainly owe a basic level of respect to others. Furthermore, appropriate respect must be shown to people who impact our lives. This includes our parents, relatives, teachers, friends, fellow workers, authority figures, etc. One of the best ways of showing respect to others is listening. Listening to another person's point of view is an excellent way of respecting them. Most noteworthy, we must allow a person to express their views even if we disagree with them.

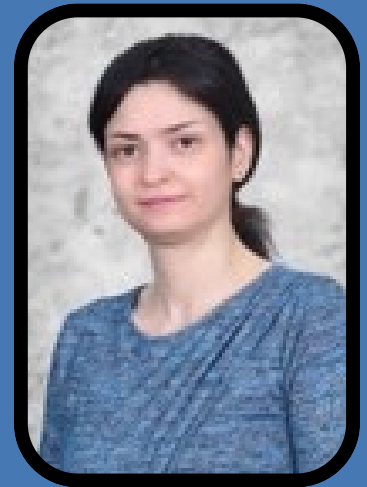
Another important aspect of respecting others is consideration for religious and political views. Religious and cultural beliefs of others should be given a lot of consideration. Respecting other people's religions is certainly a sign of showing mature respect. Everyone must respect those who are in authority. Almost everyone deals with people in their lives who hold authority. So, a healthy amount of respect should be given to such people. People of authority can be of various categories. These include a boss, a police officer, a religious leader, a teacher, etc. In conclusion, respect is a major aspect of human socialization. It is certainly a precious value to uphold.

Yousef Abdalazeez Al Qattan

7B



CBS Student Council

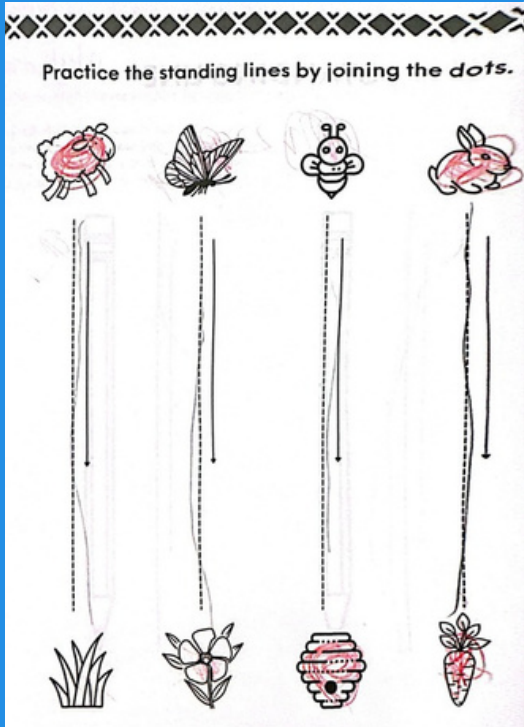


Ms. Lama A.H. Al Jaljouli
Chair of the Student
Council

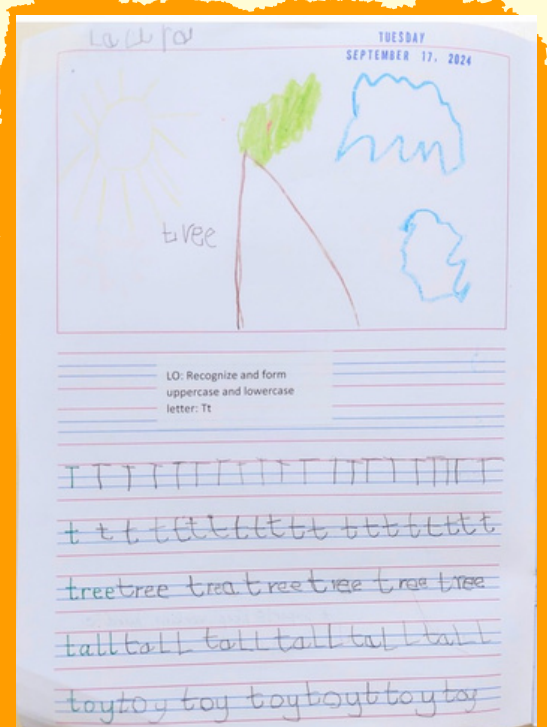
Meet our members!

- Charity Atun Reyes 3A
- Sarah Abdulwahab AL Baghdadi 3B
- Maryam Akram Zarour 3C
- Haya Saad Al Ruwaih 4A
- Yousef Mishaal Al Bakheet 4B
- Partow Hossein Saffari 5A
- Hussain Rami Nowir 5B
- Mohammad Eissa Salman Naser 6A
- Abdulwahab Humoud Al Enezi 6B
- Abdul Rahman Abdullah Al Nuwaiser 7A
- Yousef Abdalazeez Al Qattan 7B
- Abdalazeez Jarrah Mohammad 8A
- Omar Saad Al Enizi 8B
- Dawud Salah Al Hai 9A
- Abdullah Mubarak Al Enizi 9B
- Omar Khaled Ali 10A
- Anwar Naser Al Shemmeri 10B
- Laura Mohammad Al Mutairi 11A
- Yousef Muhanna Al Thlaith 11B
- Alizeh Khan Amin 12A
- Dhari Mohannad Al Farhan 12B

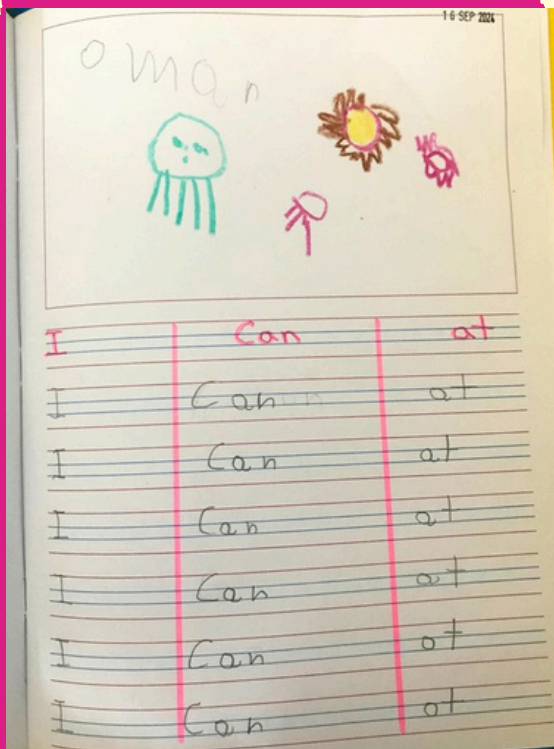
Busy Little Hands



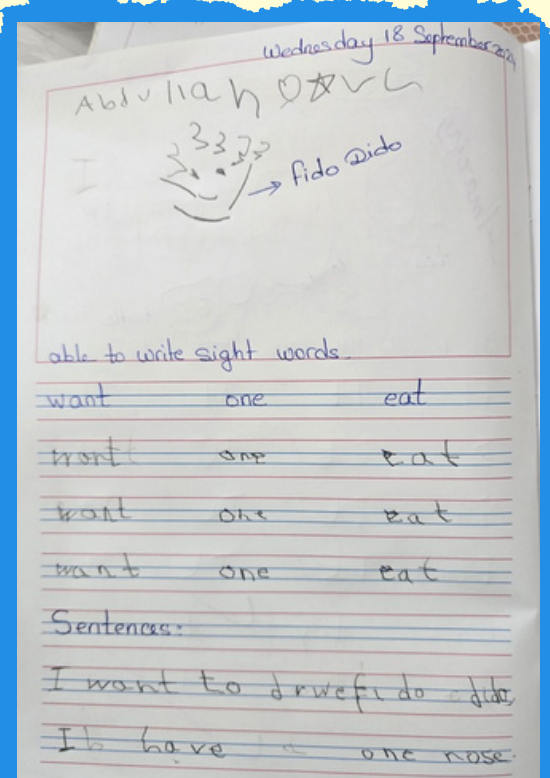
Dhai Khaled Al Adwani
PK



Laura Mohammad Al Rashed
SK1



Omar Abdullah Al Shehab
SK2



Abdullah Ahmad Al Salem
SK3

Grade 2 - Sequencing Events

A day with My Dog



First, the dog eats the food.

Then, the boy takes the dog to the bath.

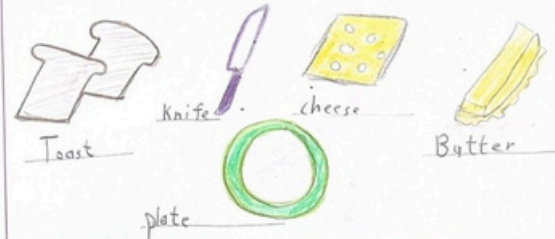
After, they play together.

Finally, the boy and the dog are both happy.

Omar Ahmad Al Manea

2A

Making a Sandwich



First, bring the toast, knife, cheese and butter.

Then, spread some butter with knife.

After, add some cheese on the top.

Finally, enjoy your yummy sandwich.

Fawaz Abdullah Al Mutairi

2B

Tuesday, September 10, 2024

A day with My Dog



I going to spend a day with my dog. I will feed my dog. Then, I will give my dog a bath. Next, I will play with my dog.

Nadia Humoud Al Enizi

2C

Broken Arm



First, she fell off her bike.

Then, her arm is very sore.

After, she goes to the hospital.

Finally, the doctor says she has a broken arm.

Layan Abdullah Al Bannay

2D

Grade 4 - Factual Writing

Kuwait My love

I love Kuwait. It is my favorite country, and it is the best. Although Kuwait is small, it holds all my heart. My favorite city with the best beaches in Kuwait is Nuwaiseeb. It has the most beautiful beaches, and I enjoy visiting the smaller cities there. Even though Kuwait is small, it has so much to offer.

Some of my favorite places in Kuwait are Khiran Mall, Khiran Beach, Nuwaiseeb, Avenues Mall, and 360 Mall. These are the places I love the most.

Did you know this interesting fact about Kuwait? At Khiran Beach, I once found 9 jellyfish! Also, the traditional food in Kuwait is called Machboos. I bet you've heard of these things before. Although I like many foods, I don't think I have a favorite food from Kuwait.

The traditional dress in Kuwait for men is the dishdasha, and for women, it is the abaya. These are worn for both special occasions and daily life.

Haya Saad Al Ruwaih

4A



Crane Facts

Size: Cranes vary in size depending on the species. Generally, they range from about 3.5 to 5.5 feet tall with a wingspan of 6 to 8 feet.

Weight: Cranes typically weigh between 5 to 15 pounds, depending on the species. The larger species like the Sarus crane can weigh up to 26 pounds.

Habitat: Cranes inhabit many environments, mainly wetlands, marshes, and grasslands. They prefer open areas where they can forage food, such as seeds, insects, and small animals.

Diet: Cranes are omnivorous with a varied diet that includes:
Plant material: Seeds, grain, sprouts, and tubers are common.

Insects: Crickets, grasshoppers, and other insects provide protein.

Fact: Cranes can live over 20 years in the wild, and some individuals have been known to reach 30 years in captivity.

Rakan Abdullah Al Jassas

4B



GRADE 6 - STORIES ABOUT VALUES

The Haunted Forest

Once upon a time, I was walking in the haunted forest with my sister and my cousin. We were telling each other scary stories when suddenly, two witches started walking toward us. We got scared and began backing up, but then we stopped.

The witches told me that my family was under a curse. I ran back home as fast as I could. When I got home, I saw my grandfather sitting on the couch, looking sad. I knew the witches must have told him about the curse before I got there. We had to find a way to fix it.

I told my cousin what happened, and we decided to return to the haunted forest to figure things out. Instead of bringing anything dangerous, we got some special items we had read about in a book. When we found the witches again, we asked them how to break the curse.

The witches were friendly and said the curse could be lifted with a special ceremony of kindness. We followed their instructions and performed the ceremony with great care.

When we got home, my grandfather was still sad, but he started to smile when we did the ceremony with him. The curse was gone, and our family was happy again. We all lived happily ever after and learned that being brave and kind can help us through any challenge.

Hashem Abdulrazaq Ali

6A

Once upon a time, there was a boy named Daniel.

Daniel was learning about generosity in school.

Teacher: "Today, class, we will learn about generosity."

As the teacher talked about generosity, Daniel's friends Jack and Mike reminded him that greed will come back to you when you least expect it. Their words echoed in his mind as he walked out of school. He found an older man who was very poor;

he made fun of him. A few years later, Daniel sits at the kitchen table with his wealthy parents, telling him they both got fired and are now bankrupt.

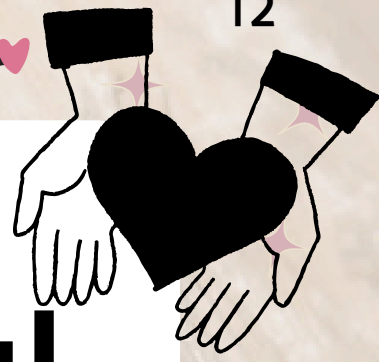
Five more years later, Daniel and his family have been on the streets begging ever since the day they went bankrupt. Then, all of a sudden, the poor man from ten years ago is now a wealthy businessman! He instantly recognized Daniel and said,

The poor man said, " Even though your friends tried to warn you, you never listened. But I hope you're not on the streets for long." Then, he gave him five dollars and walked away.

This is the importance of generosity and what can happen if you're too greedy.

YOUR GREATNESS
IS NOT WHAT YOU HAVE,
IT'S WHAT YOU GIVE





Be Respectful

We need to show respect to everyone because it is an important thing.
Respect everyone, whether it's summer, winter, fall, or spring.
Even if you don't share the same opinions, you should still respect them.
In the end, it might end up being something like a gem.

Being respectful is showing regard for the ability of others and also being kind.

Instead of ignoring others, help them, it's better than acting blind.
Knowledge will earn you power, but your character will earn you respect.
Being respectful is what you should accept.

Respect is something that is earned, it's not given.
You control how you respect others, so by you it is driven.
The way that you treat others is what defines you.
So never lie to them and always be true.

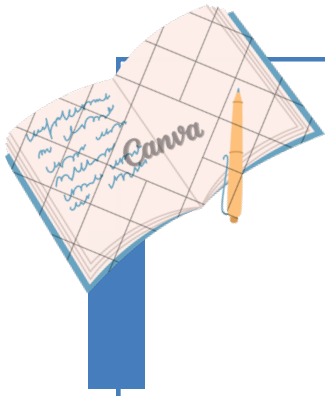
Respect others by listening to them while they are talking.
If someone is talking to you, stop and listen to them while you're walking.
Be polite and never talk behind anyone's back.
It's like a life skill that everyone should know, it's like a hack.

You shouldn't break your promises, you should keep them.
Your promises should be firmly kept like a huge and strong stem.
Be respectful to everyone that you see.
It's what will make you feel happy, and you'll feel free.

Hessah Aref Al Abdulsalam

8A





CBS EXPRESS

DIARY ENTRY

2 / 7 / 2024 .

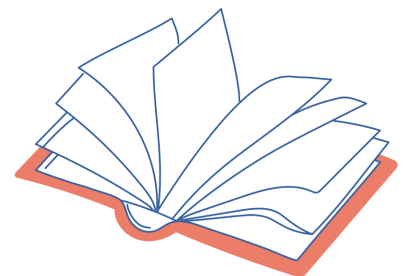
I WAS EXCITED ABOUT TODAY; I WOULD SPEND A DAY OUT WITH MY FAVORITE COUSIN THAT WE HADN'T MET SINCE THE SO AS TODAY CAME, I RUSHED TO MY ROOM, CHANGED INTO REAM INTO SOME GOOD LOOKING VEST, AND CALLED HER TO GET READY, WE GOT READY, AND WE PROCEEDED TO HER HOUSE AS WE ARRIVE SHE WAS DOWNSTAIRS WAITING WE HUGGED AND RUSHED INTO THE CAR. SO WE WENT; AS WE ARRIVED AT THE MALL, WE GOT OUT AND ENTERED. MY PARENTS THOUGHT IT WOULD BE A GOOD IDEA FOR US TO GO TO PLAY; WE AGREED, AND AS WE WERE DONE, MY PARENTS AWAITED US. WE WERE DONE WITH THE DAY AS WE ARRIVED HOME.

5 / 8 / 2024

TODAY WAS THE DAY I HAD BEEN EAGERLY ANTICIPATING. IT WAS THE DAY I WOULD OFFICIALLY TURN 13. AS I WOKE UP, MY LITTLE SISTER RUSHED TO ME AND GAVE ME A WARM BIRTHDAY HUG. I THANKED HER AND GOT READY FOR THE BIG DAY. I PUT ON ONE OF MY FAVORITE DRESSES, DID MY HAIR, AND WAS ALL SET. WE HOPPED INTO THE CAR AND ARRIVED AT A BEAUTIFUL ITALIAN RESTAURANT. THE PLACE WAS PERFECT, JUST AS I HAD IMAGINED. WE SAT DOWN, ORDERED PIZZA, AND IT WAS DELICIOUS. WE ENJOYED OUR MEAL WHILE WATCHING THE LIVE PERFORMANCES. AFTER THE MEAL, WE WERE SURPRISED WITH A BIRTHDAY CAKE, AND IT WAS TRULY ASTOUNDING. THIS DAY WILL ALWAYS HOLD A SPECIAL PLACE IN MY HEART.

Loulwah Yaqoub Al Maraghi

8B



GRADE 10



STORY WRITING

23 SEPT.
2024

“LETTERS FROM TOMORROW”



When the first letter came, it was one of those foggy days in the whole cycle of ordinary days on the calendar. I vaguely remember coming home from school, changing clothes, and going to grab a snack from the fridge.

As I went to the kitchen and opened the fridge, an ominous red envelope with a magnet stuck to the door. Curious, I decided to open the envelope. Inside was a folded note, and as I read it, my heart began to race.

This letter was to me, dated 28/9/2045, warning me of some dangers and improving my decisions. First of all, this was a joke. Most probably, my friend wanted just to play with me and then scare me for fun. I continued with my day, deciding to be more focused on schoolwork. As these letters kept coming in each day, each predicting something that would later happen, I lost my decision to take this as just a simple joke.

I kept them under my mattress where nobody else could find them buried. Such fright had me terrified. My family might believe me to have gone insane if they knew. But I knew I had to step in when the messages started getting severe and desperate.

The closer it got; the more each newly arrived letter seemed to outline a sequence of events that started to make my reality turn in increasingly alarming ways. The letters were warnings about decisions I had to make that would affect my future and those around me. First, the suggestions were imprecise; then, they became detailed predictions of significant life events and even personal issues.

It was impossible not to be aware of the letters' uncanny accuracy that told me how to avoid a car accident or make critical academic decisions. They led me through every day, it seemed. I tried to stay ahead of the curve in doing their guidance until constant apprehension over what would be revealed in the following letter started to take its toll on my mental health. One letter was more upsetting than the rest. It involved a severe circumstance with someone close to me, a situation I could not stop unless I took specific steps.



GRADE 10



STORY WRITING

23 SEPT.
2024

LETTERS FROM TOMORROW CONTINUED....



I started taking the steps indicated in an increasingly panic-stricken manner, believing that my not doing so would result in terrible consequences. The weight of these secrets was growing fast. Part of me wanted to share my fears with a close friend or some family member, but something just wouldn't allow me to.

Maybe they'd think I was paranoid. The letters were my only link to what seemed like a greater truth, a truth that was both a blessing and a curse.

Then, one night, the letters just stopped coming. I felt this dreadful, yet relieving sensation, as if the calm after the storm meant only that the worst was still to come. It was as though I had been left to my fate at some point in an unfinished journey.

Determined to discover who the sender might be, I started investigating the envelopes themselves for any clues that might be used to reveal the sender's identity. I examined the handwriting and the choice of words.

Even the paper seemed to suggest someone who knew well but was keeping behind a mask of anonymity.

The more I dug into this mystery, the more I realized that the challenge wasn't just in decrypting these letters and the more significant lesson they were to teach me. It wasn't about avoiding danger but finding my strength in uncertainty.

In conclusion, I discovered that I am held accountable for the decisions I make, and they are what control my life.



Charbel William Nasser

10A



STORY WRITING

Grade 10

23 SEPT. 2024

“The Lesson of the Red Ribbon”

In the bustling halls of Ridgewood Middle School, students hurried to their classes. Amidst the crowd was Sam, a quiet boy who loved to read, and Maya, known for her vibrant personality and loud laughter. They had never really interacted, as their interests seemed worlds apart.

One morning, Mr. Alvarez, their social studies teacher, made an announcement. "Next week, we'll be holding a Respect Week. You will be given a red ribbon, symbolizing respect for yourselves and each other."

When Maya received her ribbon, she rolled her eyes. "What's the point of this? It's just a piece of cloth."

Sam, who sat nearby, looked up from his book. "It's more than that. It's a reminder that everyone deserves respect, no matter who they are."

Maya shrugged, not convinced. As the week went on, she noticed the ribbons everywhere. Students were more considerate; lockers were held open, and the usual teasing on the bus seemed to fade. Maya even picked up a book someone had dropped without thinking twice.

One afternoon, Maya saw Sam being mocked by a group of kids for his love of reading. "Bookworm Sam lost in his fantasy world!" they sneered.

Maya hesitated, then remembered the red ribbon pinned to her shirt. She stepped forward, her heart pounding. "Leave him alone. Just because he likes reading doesn't mean you can mistreat him."

The bullies were taken aback. "What's it to you?" one of them asked.

"It's about respect," Maya said firmly. "We're all different, but that doesn't give us the right to put each other down."

The group mumbled something and walked away. Sam looked at Maya, surprised. "Thank you," he said softly.

Maya smiled. "No problem. I guess this ribbon thing means more than I thought."

From that day on, Sam and Maya became unlikely friends. They realized that respect wasn't just about being polite; it was about standing up for each other and appreciating what made each person unique. And with that lesson, the spirit of Respect Week continued long after the ribbons were gone.



GRADE 12

AN ESSAY ON SPORTS

Someday in 1992, two boys were experiencing the most important day of their lives. They were best friends and spent most of their time together playing football at their youth team. They were told that the striker who scored the most goals would be recruited into a unique sports academy on said important day. Though he had the perfect chance to score his academy-ensuring goal, one of them passed it to his friend. Why? Because he knew his friend would be better than he ever could be. That friend was the famous football player Ronaldo. A great deal of arguments arise on the topic of sports, one of them being whether the best games come in teams or individually. I think there is no need to argue because each type brings its advantages with it.

There are many reasons people tend to lean towards team-based sports. First of all, as you've probably heard, there's no 'I' in the team, as in day-to-day life. You can't finish your school project alone, you can't cook for a packed restaurant all by yourself, and you most certainly cannot pick yourself up, without failing or tiring yourself out. Think about the story concerning Ronaldo. Would he have made it today had he been playing an individual sport? Second, team sports encourage socializing and thus help in developing social skills. Most friendships start in school, and if not, then in sports clubs. To explain, teamwork teaches people how to tolerate other opinions and, second, hand out work in an even and skill-based way.

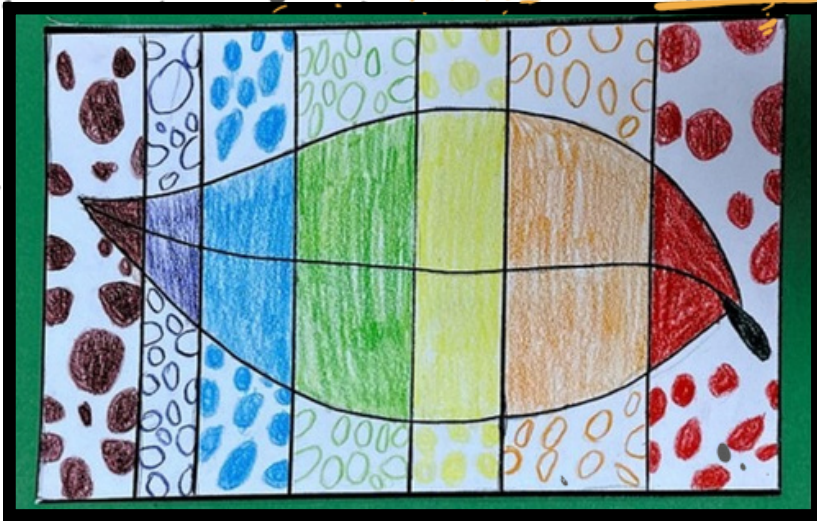


On the contrary, there are also numerous reasons to prefer individual sports. One reason is that they teach self-reliance. This comes in very handy in the future, especially with kids, when they grow up and have to live by themselves at college. Another reason is that it's easier to focus on the game than team-based sports, where one must calculate the opponents' moves and the teammates.

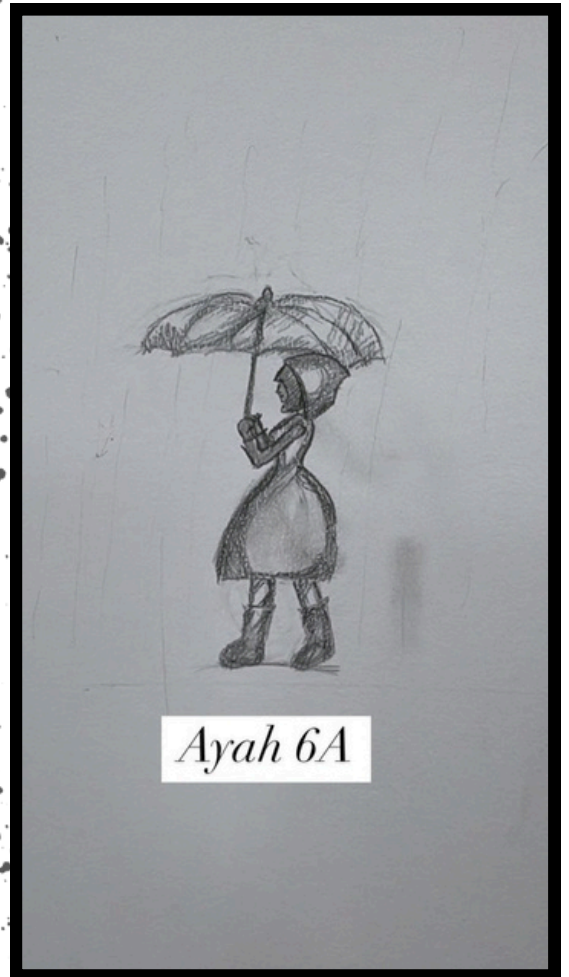
In conclusion, both team and individual-based sports can help a lot in self-development, and thus, I think it is safe to say that the question of 'which is better?' It doesn't matter if it aligns with your personal interests.

Noora William

Art Corner



Yusef Ahmad Al Saleem
4A



Ayah 6A

Ayah Ahmad Al Saleem
6A



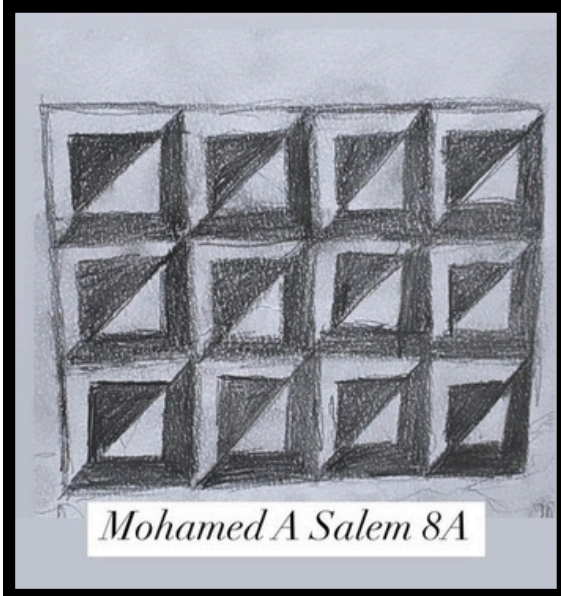
Meshal Saad 6B

Meshal Saad Al Enezi
6B



Ebrahim Qusaie Karam
4A

Art Corner



Mohamed A Salem 8A

Mohammad Ahmad Saleem
8A



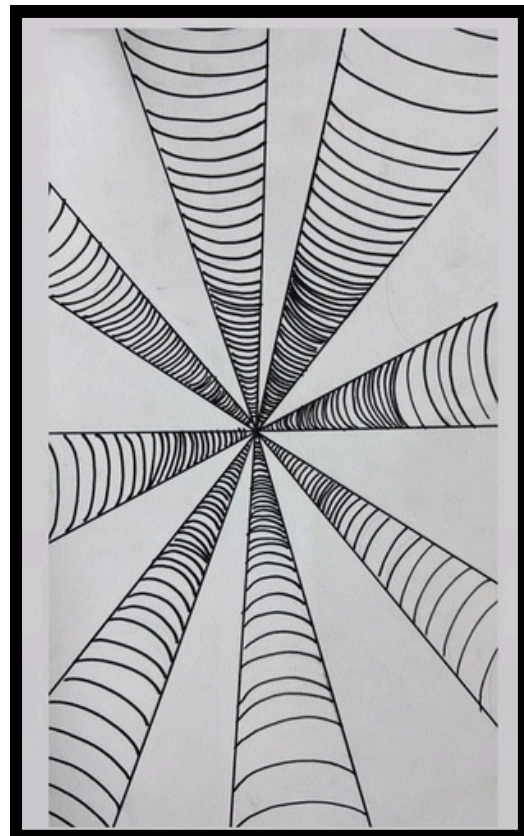
Dahy 10B

Dhai Mohannad Al Farhan
10B



Mariam & Lily 12B

Maryam Ali and Lily Faisal
10B



Meshari Mubarak Al Enizi
8B

Puzzle Time

SCHOOL CROSSWORD

1. School bag

2. School bus

3. Crayons

4. Computer

5. School building

6. Compass

7. Book

8. Needle

9. Pen

10. Calculator

11. Map

12. Key

13. Backpack

14. Soap

15. Calculator

16. Pencil

17. Notebook

18. Aboard

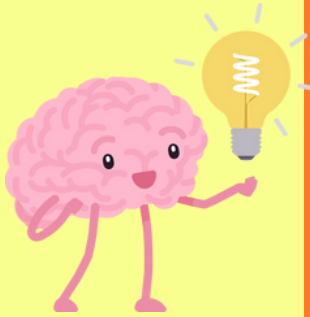
19. Pen

20. Microscope

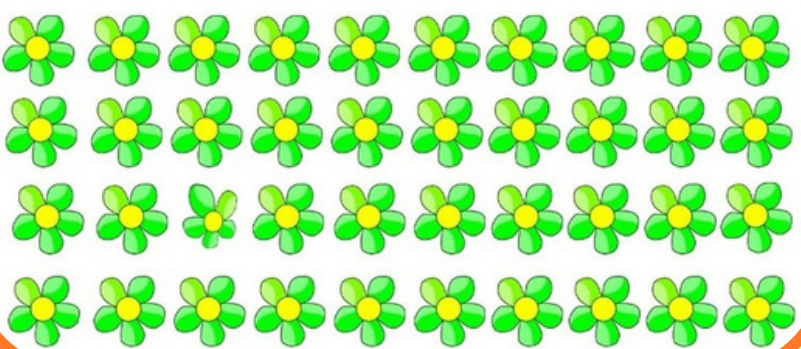
21. Flag

22. Globe

23. Teacher



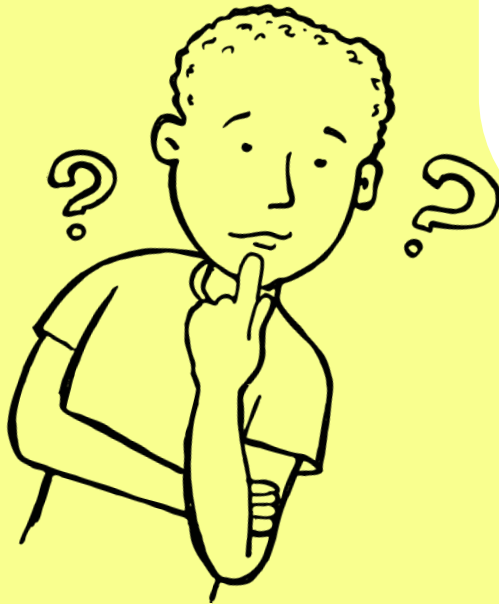
FIND ODD FLOWER IN 10 SECONDS



Fun Page

What do you call a rooster staring at a pile of lettuce?

A chicken sees a salad.



DID YOU KNOW?

The word "school" comes from the ancient Greek for "free time."



UPCOMING EVENTS AT CBS

- 2nd of October - Parent Workshop (Gr. 12)
- 6th of October - Healthy Living: Vegetables Day
- 7th-10th of October - Arabic Standardized Testing (Gr. 2-10)
- 9th of October - Semester-I after-school clubs begin (every Wednesday, Oct.9 - Nov.27)
- 10th of October - Bake Sale
- 23rd of October - Gr. 5-6-7 Parent Engagement Event
- 24th of October - Fall Break
- 27th-31st of October - Book Fair
- 28th of October - PK-JK-SK Parent Engagement Event
- 30th of October - SA Writing (JK-Gr. 12)
- 31st of October - Career Day
- 31st of October - Spelling Bee Competition 1
- 31st of October - 2nd of November - CBS MUN 2024

